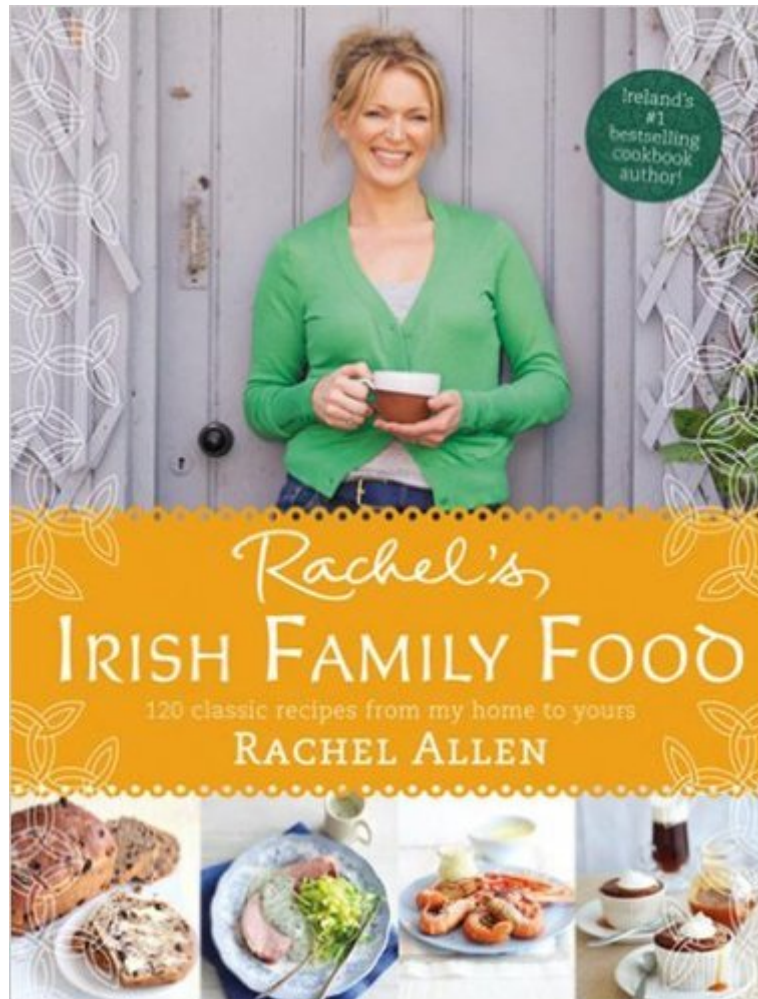


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# Rachel's Irish Family Food: 120 Classic Recipes From My Home To Yours



## Synopsis

Rachel Allen, the face of real Irish cooking, shares the authentic Irish recipes that bring her family and friends racing to the table. With Rachel's Irish Family Food, you can bring a taste of Ireland to your table too. Bring loved ones together with this collection of delicious and simple recipes that highlight the best of authentic Irish cooking. Over 100 recipes that offer the best in both traditional and modern Irish cooking, from new twists on old classics to tried and tested recipes which have delighted many generations in Ireland and are sure to become firm family favorites in your home. Quick and simple dinners, big family feasts, sweet treats and celebration food, this is family cooking at its best, made to share with those most important in your life. Rachel's Irish Family Food will warm the heart and soul, fill the chairs around your kitchen table and fill your house with life and laughter. Alongside these gorgeous recipes you will find stories, history and insights into Irish life from across all the counties of Ireland to bring a smile to your face as you slow down and relish the joys of family, nature and great food. Ireland is indeed a magical place of rolling green fields, clear waters and the freshest ingredients for the table. Rachel Allen shows you the bounty of this beautiful place with honest, hearty, delicious family food. Recipes Include: Kinevara pork casserole, Irish Stew, Crumbed bacon chops with sweet whiskey sauce, Irish Sunday Roast, Sautéed buttered cabbage, Irish coffee meringue roulade, Pea and spring onion champ, Dublin bay prawns with mayonnaise, Turkey and ham potato pie, Colcannon, Ballymaloe dressed crab, St Stephen's Day muffins, Traditional herb stuffing, Brown soda bread.

## Book Information

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## Customer Reviews

I am not familiar with Rachel Allen, but I am quite familiar with her mother-in-law, the well known

chef and cookbook writer Darina Allen, who started a famous cooking school at Ballymaloe House in Shanagarry, County Cork, Ireland...and her mother-in-law, Myrtle Allen, she who started the now famous hotel and restaurant in Ballymaloe. It is quite an accomplished cooking family. So when I saw a review of Rachel's latest book..she has written 8 or 9 cookbooks..I thought it would make a nice gift to myself.And I was right!It is a very attractive book, full of many beautiful pictures of the completed recipes, some lovely ones of the Irish countryside and a few of Rachel and her handsome family. There is a nice variety of dishes, soups, everyday dishes, ones for special occasions, vegetables and side dishes, breads, desserts, cakes and cookies, many with a unique Irish feel. There are 120 recipes in total, many marked as being vegetarian, but a nice selection of meat and seafood dishes as well.I must say, the number of recipes I am looking forward to making after paging through this book is long. Kale and Bean Stew..Sticky Cumin and Apricot Roast Carrots and Parsnips...Pork and Mushroom Pie...Dark Sticky Gingerbread..to name just a few.Every recipes includes a little introduction by Rachel, telling the place of this dish in Irish culture, such as Ballymaloe's recipe for spiced beef, or in her own family history, like her father's favorite Ginger Cookies.I have a number of Irish cookbooks and yet found many new ideas in this one. Still, for those not familiar with Irish cooking, beyond that corned beef and cabbage, this would make a wonderful introduction.

I love this book. It's filled with solid, substantial meals that any family will enjoy. This is real comfort food and everything that I've tried came out fantastic. I particularly love the Irish Soda bread and the fish cakes. Your children will love this food.

I do like this book, however, some of the recipes have been previously printed in her other books. I couldn't believe it! I thought I was seeing double when I looked through another one of her books that I received at the same time. Even the photos are the same! It does state that some recipes have been previously published in her other books, but I think you should be aware of this before purchasing. I'm sure the publisher could have asked her to do some new recipes. Slightly disappointed.

The following review is written from a sample copy of Rachel's Irish Family Food: A collection of Rachel's best-loved family recipes by author Rachel Allen. What little I read from her cookbook was a bit of a disappointment as the recipes were written using a combination of English and metric measurements. Here's a sample of what I mean:Hollandaise sauce1 egg yolk1 tbsp cold water50g

(2oz) butter, diced Freshly squeezed lemon juice Salt and freshly ground black pepper Recipe directions omitted. Her cookbook looks like a fine one filled with lovely color photos and the recipe index contains some yummy sounding recipes. Some of the recipes include: Fish Cakes Irish weekend fry-up Granny's roasted herbed potatoes Darina's summer pudding Irish apple cake Recommend with caveats given.

I bought this book for my mother who is a collector of cookbooks. Never did I think I would fall in love with it. Before giving it to her I skimmed through it once , twice , and the third time I was going page by page. The recipes are easy to follow , the pictures just lure you in. I couldn't wait to start making some of the dishes. The ones that I have made are delicious . This book is worth it content.

I bought this book both for my own mom and for my mother-in-law. They both really loved it and were extremely fond of the commentary and photography in the book. It is aesthetically pleasing book and can be used as a coffee table book as well. Truly an exceptional piece of work by an exceptional author! I would highly recommend this book!

I'm giving this book four stars because it serves its purpose. Is it the best and only Irish cookbook you should own? Not at all. Irish cuisine, as with any ethnic cuisine, cannot be summed up in one book - there are many variations on recipes, including traditional ones, and you may find that each cookbook has a different take on the same thing or even something unique that another does not. You should always own several cookbooks in each specific type of cuisine you like to cook so that you have a variety of references to choose from. With that said, this book offers quite a few traditional-style recipes that you might expect from Ireland - certainly not ALL of them, but enough for those who want to experience Irish cooking or come up with something useful for their St. Patrick's Day dinner, perhaps. So yes, there are plenty of cabbage and potato recipes in here if you need them, as well as a few for soda bread. This book focuses mainly on comfort foods, everything from seafood to desserts. The images are scrumptious and there is plenty worth trying! As another reviewer mentioned, the measurements are in metric, but it only takes a few seconds to convert them. If you try a recipe and really enjoy it, stick a post-it note on the page with your converted measurements so you don't have to worry about that part again in the future.

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